

ANNUAL
NARRATIVE REPORT

for

COCHISE COUNTY

Bertha Virmond
COUNTY HOME DEMONSTRATION AGENT

December 1, 1938

to

December 1, 1939

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Miss Bertha Virmond
Cochise County
1939

SUMMARY

During the past year the Agent has spent 225 days in carrying on Home Demonstration Work in Cochise County. During this time 87 days have been spent in the office and 148 days in the field. This time has been divided among 25 communities. All of these communities have had regular organized adult Home Demonstration Work with an enrollment of 400 members.

The Junior Work was carried on entirely through 4-H Club organizations. 20 4-H Clubs were organized and completed with a total individual enrollment of 164 boys and girls and 156 completions. In addition to the regular 4-H Club requirements, 5 judging teams and 14 demonstration teams were trained, 6 of which represented Cochise County at Club Week. Representatives in Garment Making, Meal Planning and Baking, Yard Beautification and canning took part in State Contests.

169 method demonstrations were presented to a total attendance of 2545 members which includes both Juniors and Adults.

4 Adult Leaders meetings were held with 36 attendance and 2 4-H Garment Making Leaders meetings with 8 attending.

35 other meetings were held with 1096 attending.

Adult leaders held 3 meetings with 50 attendance. 20 4-H leaders held 218 meetings with 2380 members attending at which the Agent was not present.

18 4-H Achievement Days with a total attendance of 987 were held with representatives from the University doing the judging.

36 boys and girls and 7 leaders attended the Annual 4-H Club Round-up in Tucson in September.

Food Preparation, Food Preservation, Clothing, Home Management, Home Furnishings and Homemakers Clubs were carried as adult projects during the year of 1939.

4-H Baking, Meal Planning, Canning, Garment Making, Yard Beautification, Handicraft, Health, Music Appreciation were carried as junior projects during the year of 1939.

The Annual Extension Conference, a Special Home Demonstration Agent's Conference and the Annual 4-H Club Round-up which were held in Tucson were attended during the year.

Assistance was given with the Future Farmer Fair in Willcox.

The Agent made 194 home visits in 98 different homes, 290 office calls were received and 41 telephone calls, 2 news articles written, 435 individual letters written, 72 circular letters issued and 475 bulletins distributed.

Miss Bertha Virmond
Cochise County
1939

STATUS OF COUNTY ORGANIZATION

Home Demonstration work in Cochise County has been carried on through Homemakers groups organized for the purpose of carrying on Extension Programs, 4-H groups organized by the Agent and other groups such as Federated Clubs, Relief Societies and groups of rural women not organized.

The Homemakers groups are Stewart Homemakers, Cochise Pioneer Club, Sulphur Springs Homemakers, Webb Mother's Club, Valley Woman's Club, Double Adobe Homemakers, Frontier Homemakers, Westside Community Club, South Bisbee Homemakers, Portal Homemakers and Paradise Homemakers.

Others cooperating are Willcox Woman's Club, Dragoon Woman's Club, Benson Woman's Club, Douglas Woman's Club and Pomerene Relief Society.

To cover the county the first week of the month is scheduled in the north part of the county. The second week is reserved for 4-H Club Work. The third week to the central communities, and the fourth week the south end of the county. An effort has been made to keep Saturday and Monday for office work, and for preparation of demonstration material.

Miss Bertha Virmond
Cochise County
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PROGRAM OF WORK

Factors to be considered in developing the 1940 Program of Work:

1. Size of County, distance between communities and scattered homes.
2. Need for work - Where? - What? - Equipment to work with?
3. Present progress of development.
4. Spirit of cooperation and help given to Agent.
5. Present economic situation.
6. Requests for work, which could not be met on account of time and mileage.
7. Increased home gardens and the need of caring for this surplus.
8. Suggestions from State Agent.
9. Definite days for office work.
10. Definite days set aside for miscellaneous or emergency work.

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Miss Bertha Virmond
Cochise County
1939

I. Organization

Sub-Project B. Home Economics Extension Organization

Phase 1. Homemakers Clubs

Goal:

The goal of all Homemakers Clubs is, first, to make home a better place in which to live, second, to have an organization through which the Extension Service is able to suggest and help carry out a program of work.

Cochise County has a total of 11 organized Homemakers Clubs. The Homemakers groups of this county have been carrying the outline as suggested by the State Demonstration Agent for the past five years. The plan for Homemakers Clubs is to carry out the program offered in Nutrition, Clothing and Home Management.

These projects require about fifty percent of the time. The other months are devoted to subject matter chosen by each group to meet their own needs. Each Homemakers Club is responsible for work outside of their club such as donating to the Children's Home, helping to finance or encourage 4-H Club Work, serve as a committee to take care of the needy or any emergency arising in the community. Four Clubs have their own club house which is open to the Extension Service for any occasion.

To summarize the agent spent 21 days with Homemakers in 11 communities with 10 voluntary leaders who have spent 21 days of their time. The agent held 19 meetings, issued 1 news article, 17 circular letters, made 14 home visits and received 22 office calls.

Cooperative Extension Work
in
Agriculture and Home Economics
State of Arizona

University of Arizona
College of Agriculture
U. S. Department of Agriculture
and Cochise County Cooperating

Agricultural Extension Service
Home Demonstration Work
County Agent Work

Willcox
February 23, 1939

To Stewart Homemakers:

Our Annual Gab Fest and Birthday Party!



Yes - they are coming - So Stewart Homemakers pack up your lunch and be at Mrs. Carter's Home on Thursday, March 2nd at 10:30. Chickens and Cakes have been provided for, so plan your lunch other than these.



The committee is asking that you answer roll call by telling the funniest experience that ever happened to you or any joke that the rest of us would enjoy.

Please bring your needle, thread and thimble as you will be given a problem to be finished before you eat.

Very truly yours,

Bertha Virmond

Bertha J. Virmond
County Home Demonstration Agent
Willcox, Arizona

Cooperative Extension Work
in
Agriculture and Home Economics
State of Arizona

University of Arizona
College of Agriculture
U. S. Department of Agriculture
And Cochise County Cooperating

Agricultural Extension Service
Home Demonstration Work
County Agent Work

Willcox
April 1, 1939

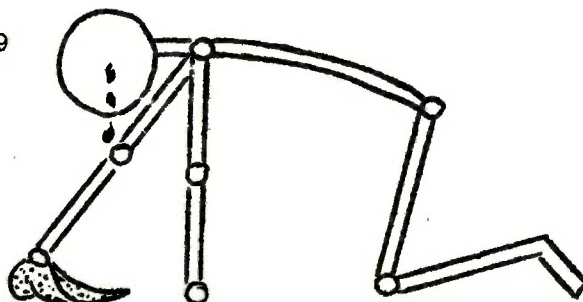
To Stewart:

Thursday, April 6th we will start to improve our Club Room. Plan to wear your work clothes and to attach yourself to one of the following committees:

1. Wash windows
2. Put up window shades
3. Make drapes
4. Paint cupboards and doors
5. Stain table
6. Anything else that the president and her committee has planned to be done.

Please bring any of the following that you have and would care to donate:
Rags for cleaning and paint. Other cleaning equipment.

Paint - white or any light color that we can use for a foundation color.



Chairs: Do you have an old chair or bench that would be painted? And that you would like to donate to the Club Room? We hope to have a chair for everybody as soon as we can.

All of you be thinking of ways to improve our Club Room - - -

Covered dish lunch at noon with a special volunteer committee, Mrs. Cecil Byrd, Mrs. H. L. Ellis and Mrs. E. T. Kuhn in charge.

Very truly yours,

Bertha Virmond

Bertha J. Virmond
County Home Dem. Agent
Willcox, Arizona

BJV:BC



Miss Bertha Virmond
Cochise County
1939

I. Organization

Sub-Project D. Reports

Six days were spent in collecting data and getting together the agent's annual report.

Approximately 20 days out of the year were spent on weekly and monthly reports.

Miss Bertha Virmond
Cochise County
1939

XIII. Nutrition
Goal.

The Goal of all Nutrition work is to give better information concerning the production, preservation and selection of food for the family. As a means of achieving this goal a family garden on every ranch, a pressure cooker and a knowledge of nutrition has been stressed.

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Miss Bertha Virmond
Cochise County
1939

XIII. Nutrition

Sub-Project B. Food Preservation Phase 1. Brining Foods

25 women have been assisted in the making of pickles, the brining of string beans and corn. A collection of pickles suggestions prepared from recipes furnished by the women of the county have been mimeographed for the third time and distributed. This collection of suggestions was started about ten years ago. According to past records approximately 1000 copies have been mimeographed and handed out. We have filled requested for these pickle recipes from about seven different states besides our own.

Mrs. W. E. Carter at Stewart has perfected a chopped pickle which she is selling on the local market and receiving a nice profit. All of the ingredients are produced on the farm and the pickle is prepared and bottles in her own kitchen.

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Miss Bertha Virmond
Cochise County
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XIII. Nutrition

Sub-Project B. Food Preservation Phase 2. Canning Foods

Canning has been the major project of this county for the past ten years. The aim of canning food has been the preservation of the garden and orchard surpluses in order to have a food supply throughout the year and in years when there is a crop failure. Canning demonstrations have been given during the past years in every settlement in the county, including Douglas and Bisbee, W.P.A. and other organizations. The past year fewer demonstrations have been given in group meetings and more assistance given with new canners. The county has taken part in all county fairs and state fairs and Kerr Contests winning first place in state contests. It was voted not to take part in the state contest this year.

More canning of fruit has been done in this county this year than in any of the previous ten years. Mrs. W. E. Carter, a state winner in canning, has a record for having canned 2600 quart tin cans of peaches besides the usual family supply in glass jars. It was impossible to take care of the wonderful crop of peaches, and through the use of her sealer she is now selling these peaches at a higher price than the commercial pack.

The women of the Stewart Homemakers have been furnishing the Kerr Glass Mfg. Corp. with especially fine canning to be used in their exhibit car. Having no county fair this year no public canning exhibits have been held. In January Mrs. Ray Trappman of the Stewart Homemakers was awarded the 1938 state winner in canning in the Kerr Contest.

During the past year the Agent has spent 16 days on canning, most of which has been done by personal interviews. Assistance has been given in the regulation of sealers, the use of pressure cookers and checking spoilage. More inquiries have come through the office on the canning of meat than any other phase of canning. The Agent has made 10 home visits and received 52 office calls on canning.

Miss Bertha Virmond
Cochise County
1939

XIII. Nutrition

Sub-Project B. Food Preservation Phase 5. 4-H Club Canning

4-H canning clubs have been reduced in this county on account of the regulation with Vocational High Schools. All of our advanced canners have had to be dropped from the roll in the north end of the county. In the south end canning girls have received instruction at Double Adobe, Whitewater, Elfrida and Webb. These girls have been organized as one canning club doing first to fifth year canning outlines. Miss Nellie Thurman, who has had most of her 4-H training in the Double Adobe district, was declared county winner and also state winner in canning and will receive the trip to the National 4-H Club Congress in Chicago.

Judging teams were sent to the 4-H Round-up in September. Phoncie Gillespie and Shirley McPherson placed second in the state contest with Shirley receiving third high individual.

The Agent has devoted four days to 4-H canning in four communities and made 11 home visits. 8 girls were enrolled and completed.

Miss Bertha Virmond
Cochise County
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XIII. Nutrition

Sub-Project C. Food Selection Phase 5. 4-H Meal Planning

One meal planning club was organized at Forest Station with a group of Mexican girls. This meal planning club was started with the idea of giving the girls training that would be helpful when it is necessary for them to make a living working in someones kitchen. The club members were especially interested in the work. The school board bought stove and other meager equipment.

Every girl in the club took part in a public demonstration and a team was selected from this group to represent our county at the State Round-up. Elena Rodriguez and Lillian Barraza won first place in the state in this class on their demonstration. This same team took part in a judging contest, placing third in the state and Elena second in the state for high individual.

The agent devoted 3 days and the specialist three-fourths of a day to this meal planning club. The leader spent 7 days and held 18 meetings which the Agent did not attend. 27 method demonstrations and 1 achievement meeting were held by the Agent and Specialist. 5 home visits were made and 1 circular letter issued. 9 girls were enrolled with a 100% completion.

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Miss Bertha Virmond
Cochise County
1939

XIII. Nutrition

Sub-Project D. Food Preparation

Phase 1, Preparation of Cereals

Demonstrations were given in Douglas, Cochise, Stewart, Sulphur Springs, Valley Woman's Club, Westside Community Club on the "Preparation of Cereals". This demonstration included the selection and cooking of cereals and cereal dishes other than for breakfast.

Dry cereals that could be made at home such as grape nuts and desserts that can be made from the grape nuts were included in the second of these series.

Miss Bertha Virmond
Cochise County
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XIII. Nutrition

Sub-Project D. Food Preparation

Phase 2. Preparation of Fruits and Vegetables

The cooking of spring vegetables was given as a demonstration before the Sulphur Springs and Portal groups.

Miss Bertha Virmond
Cochise County
1939

XIII. Nutrition

Sub-Project D. Food Preparation

Phase 4. Preparation of Milk, Butter and Ice-cream

Demonstrations in the making of cottage cheese were given to the Cochise Homemakers and Sulphur Springs groups. This demonstration followed as nearly as possible the demonstration given by Clyde F. Rowe, Dairy Specialist. In addition to the making of cottage cheese a demonstration in the use of cottage cheese to give variety to the common dish was given.

Miss Bertha Virmond
Cochise County
1939

XIII. Nutrition

Sub-Project D. Food Preparation
Phase 7. School Lunch

School lunch was a continuous part of the Health Club work at Texas Canyon School. The provisions for this were furnished by the Surplus Commodities and the children prepared two hot dishes each noon. This was a very successful experiment. Each of the club members improved in health and made an astounding gain in pounds.

Miss Bertha Virmond
Cochise County
1939

XIII. Nutrition

Sub-Project D. Food Preparation Phase 8. 4-H Baking

One second year Baking Club was organized with 6 girls at Whitewater. This club completed their requirement, gave three demonstrations, and sent a demonstration team to the county contest and a judging team to the state contest. Third place was won in the state contest by Phondie Gillespie and Shirley McPherson. Shirley placed third as high individual.

The Agent devoted 2 days to this project. 6 girls were enrolled and all completed their work. Charlotte Patterson completed three years outlines.

Miss Bertha Virmond
Cochise County
1939

XIII. Nutrition

Sub-Project D. Food Preparation Phase 9. Candies, Cakes and Cookies

A special demonstration of interest to the holiday season was given to all Homemakers groups. These included the making of candy, cake and cookies. Outstanding and most popular in this demonstration, was the steamed pudding and fruit cake which was made in the pressure cooker, after which the cans were sealed, re-processed and would keep indefinitely. A hard sauce to serve with the pudding and cake was also made and sealed.

A number of recipes for uncooked candies were used. These recipes were largely furnished by the Home Demonstration Agent in Maricopa County. A mimeograph sheet including recipes for Christmas cookies, candies and fruit cake and pudding was prepared and handed out to the women attending these meetings.

Miss Bertha Virmond
Cochise County
1939

XIII. Nutrition

Sub-Project D. Food Preparation Summary

In summarizing the Agent spent $13\frac{1}{2}$ days on adult food preparation in 9 communities with 9 leaders assisting for $11\frac{1}{2}$ days. She held 16 method demonstrations, issued 1 circular letter, made 1 home visit and received 7 office calls.

Miss Bertha Virmond
Cochise County
1939

XIV Clothing
Goal.

The goal set under the Clothing Project has been a rather tentative goal. A long time goal has been set to include all projects available through the Clothing Specialist. Where possible these will be carried on as leaders meetings with with occasional group meetings with the Specialist. The Agent will endeavor to carry this instruction into communities where leaders are not able to get to the county meetings.

The goal for the present year was to try out leaders meetings. The method used was to have the county divided into a north and south center. While the method has not proven too successful the Agent feels that the eight communities taking part in this leadership school have been greatly benefited in developing personality and efficiency in leadership and to perhaps make leader's schools in the future more popular than they have been in the past.

While the goal under the Clothing Program is to have better dressed juniors and adults with a minimum of cost in order to secure greater comfort, more economical expenditure and better value received for the money spent.

Miss Bertha Virmond
Cochise County
1939

XIV. Clothing

Sub-Project A. Selection

Phase 4. Hosiery

Miss Lorene Dryden, Clothing Specialist, gave one demonstration in one community on the "Selection and Care" of stockings. This demonstration was a very helpful and much appreciated source of information.

Miss Bertha Virmond
Cochise County
1939

XIV. Clothing

Sub-Project B. Construction Phase 3. Knitting

Follow-up work in knitting has been largely personal assistance for those who were enrolled in knitting schools of last year. Mrs. Wm. Riggs has been the outstanding knitter of the county. She had her first lesson under the Specialist having had no previous experience. Within the year she has made four suits and eight sweaters besides smaller articles. A close second has been Mrs. Ray Shrode who likewise had her first instruction under the specialist and is now making sweaters commercially and has reported thirty sweaters sold.

Miss Bertha Virmond
Cochise County
1939

XIV. Clothing

Sub-Project B. Construction Phase 5. Gloves

Four Leadership meetings were held in the county under the management of the Clothing Specialist, Miss Lorene Dryden. Eight communities were represented with sixteen leaders present. Sixteen pairs of gloves were made by the leaders at these meetings. One follow up meeting has been held by local leaders at which time eight women followed the instruction given. A total of 33 pairs of leather gloves have been arranged for and instructions given.

The second of these series of meetings was given to the same leaders in the same communities on work gloves made from cloth. a report of 54 pairs of cotton gloves has been made at this time.

This work will continue through December and January under local leaders.

Miss Bertha Virmond
Cochise County
1939

XIV. Clothing

Sub-Project B. Construction Phase 6. Clinics

In order to acquaint the Clothing Specialist with the needs of the county it was decided to hold Clothing Clinics in scattered communities. Each woman was allowed to bring onr problem of her own choosing. The specialist made personal suggestions and then reviewed the problems before the group.

Such meetings were held at Cochise, Portal, Stewart, Sulphur Springs, South Bisbee and Forest Station.

A follow-up meeting was held within the next month in the same communities at which time the clothing specialist presented her work on the "Well-dressed Woman".

The Agent has held miscellaneous work in six communities. These included short cuts, cleaning and blocking of hats, mending, dry cleaning and alterations.

Miss Bertha Virmond
Cochise County
1939

XIV. Clothing

Sub-Project B. Construction Phase 7. Dress Forms

Assistance has been given in the use of dress forms which were made during the previous year and mounted during the current year and instructions given in the fitting of garments on this dress form. This included a miscellaneous group over the county of thirty women.

Miss Bertha Virmond
Cochise County
1939

XIV. Clothing
Summary

To summarize the Clothing project the Agent spent $20\frac{1}{2}$ days and the specialist $8\frac{1}{2}$ days in 12 communities, giving 24 method demonstrations. 25 leaders devoted 43 days to the project. 13 circular letters were issued and 17 home visits made and 30 office calls received.

Miss Bertha Virmond
Cochise County
1939

XIV. Clothing

Sub-Project D. Selection and Economics

Phase 4. 4-H Club Clothing

The goal in 4-H Garment Making Clubs was set at 100 4-H girls completing at least one years outline in sewing. The result was that 90 girls were enrolled with 89 completing one years outline and 14 who completed more than one year.

4-H garment making clubs were organized in 9 communities as follows: Rucker Canyon, Portal, San Simon, Pleasant View, Forest Station, Riggs Settlement, Whitewater, Little Tex and Elfrida.

The method of organization followed the state set-up. Two general groups are organized each year known as winter clubs, if achieved in April, and summer clubs, which achieve in August. All clubs hold achievement days and in so far as possible all work is judged by the Clothing Specialist or someone acting for the Specialist. The state 4-H Specialist visits these clubs approximately twice a year and gives assistance with organization, judging, demonstration teams and is always an inspiration to the leaders as well as the club members.

A county Dress Revue Contest is held in August at which winners are selected for the state contest. Six girls contested in the dress revue this year. Winners in the school dress, party dress, and tailored suit classes modelled in the State Dress Revue. However, none of them placed.

Each club presents demonstration teams and judging teams. Selection is made and a county contest held in order to send delegates to the State Round-Up. Charlotte Patterson and Lucille Gardner of the Whitewater Club placed first in the junior clothing demonstration team contest in the state and were also declared the Champion Home Economics Team for the state. Our judging teams did not place in the state clothing contest.

In summarizing the 4-H Garment Making work for the county the Home Demonstration Agent devoted 30 days to 4-H Garment Making Club Work, and the specialist 5 days. Garment making projects were carried in 9 communities with 13 local leaders assisting and rendering a service of $51\frac{1}{2}$ days. 39 method demonstrations were given by the Agent or Specialist. 10 achievement meetings were held with the Agent and Specialist attending. 84 meetings were held by leaders without the assistance of the Home Demonstration Agent. 9 circular letters were distributed, 51 home visits made and 22 office calls received. 90 were enrolled and 89 completed the project with a report of 180 dresses completed and 503 other garments.

Miss Bertha Firmond
Cochise County
1939

XV. Home Economics (Home Management)
Goal.

The goal set up by the Specialist and Home Demonstration Agent in Home Management was to have 25 women keeping home accounts and 20 submitting books to the State Office for summarizing.

In order to keep the Home Management project interesting a goal was set for the Specialist to give a series of three demonstrations on subject matter interesting to the community. It was hoped that at least 50 women would take advantage of this information.

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Home Demonstration Work
County Agent Work

Willcox
March 4, 1939

RURAL ELECTRIFICATION WILL ELIMINATE

To ---
Double Adobe Homemakers
Frontier Ladies
Stewart Homemakers
Valley Women

Miss Thelma Huber, Home Management Specialist, will be in Cochise County on the following dates and places. All women who are interested in Rural Electrification should plan to be present, as her demonstrations will cover Wiring for the House, Cost of Operation, Selection of Electrical Equipment, Care and Repair of Equipment, and to answer your questions along this line.

These meetings are open to the public. If you know of any women who do not attend our regular meetings please see that they know about these meetings with the Specialist. These are all day meetings, except Double Adobe, and if you are to get the most from Miss Huber it will be necessary for you to be on time, come with your note books and find out all you can about this problem before you spend your money for electrical improvements.



AND THIS



Wednesday, March 15th - Valley Women's Club
at the "Little Tex" schoolhouse - 10:30
A.M. - Covered dish lunch.

Thursday, March 16th - Double Adobe Home-
makers at their Club Room - 12:00 o'clock
Covered dish lunch. Frontier expected to
join this group.

Friday, March 17th - Stewart Homemakers at
their Club Room - 12:30 - Covered dish
lunch.

Very truly yours,

Bertha Virmond

Bertha J. Virmond
County Home Dem. Agent
Willcox, Arizona

Miss Bertha Virmond
Cochise County
1939

XV. Home Economics (Home Management)
Sub -Project A. Selection
Phase 4. Electrical Equipment

Miss Thelma Huber was in the county for three days giving two demonstrations each day in getting ready to electrify the farm home. Many helpful suggestions were made and it is hoped that when this project is a reality that the women will profit by these demonstrations which were full of timely suggestions.

Miss Bertha Virmond
Cochise County
1939

XV. Home Economics (Home Management)
Sub-Project B. Construction
Phase 1. Home Furnishings

The aim of this project has been to make use of discarded material around the home in order to make the living conditions better and more attractive for the family.

Meeting 1. Rugs

A collection of homemade rugs including hooked, braided, knitted, wheel, safety pin and woven rugs, has been assembled by the Agent and has been used for method demonstrations in six communities in Cochise County and six communities in Navajo and Apache Counties. The women have been much interested in this work and a report of 50 rugs has been received from Cochise County. Mrs. Baker of the Westside Community Club has reported making 19 wheel rugs which will be used for Christmas presents as well as in her own home.

Meeting 2. Curtains

The Agent has made a demonstration kit of kitchen curtains to be used in window curtain demonstrations as well as in kitchen improvement projects. This demonstration was given countywide rather late in last year and the results have come in for follow-up work. This includes a report of 37 kitchen curtains either made or remodelled, 10 cleaning and painting blinds.

Meeting 3. Re-upholstering and Slip Covers

Following demonstrations given by the Specialist over a period of three years the work of re-upholstering has continued. Three demonstrations were given in four communities. A couch and chair given to the Stewart Homemakers Club Room has been rebuilt from the frame through springs and upholstering. Pillows and slip covers have been made for this couch. Mrs. Geo. Anderson completed a re-construction and re-upholstering problem for her ranch home. She has a very good looking couch now.

Miss Bertha Virmond
Cochise County
1939

XV. Home Economics (Home Management)
 Sub-Project B. Construction
 Phase 2. Housing

Assistance with house planning and remodelling plans have been given to Mrs. Geo. Anderson, Sulphur Springs; Mrs. Frank Averill, Double Adobe; Mrs. Rundell Whitewater; Mrs. Frieda Hodges, Douglas; Mrs. Ben White, Stewart; and Mrs. Barney Graham, Cochise. Three of these women have completed their remodelling but the rest are still planning to carry out their plans in the future.

Miss Bertha Virmond
Cochise County
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XV. Home Economics (Home Management)
 Sub-Project B. Construction
 Phase 3. Kitchen Improvement

Kitchen improvement assistance was given in helping to plan three kitchens. These problems were all reconstruction and while the final results were not what could be desired much improvement was made in each kitchen. Mrs. George Anderson and Mrs. Barney Graham have completely remodelled their kitchens, adding water, new stove, kitchen sink and other minor improvements.

18 filing cabinets were made by the Paradise Homemakers which will aid the management in quite a number of homes.

Miss Bertha Virmond
Cochise County
1939

XV. Home Economics (Home Management)
Sub-Project B. Construction
Phase 5. Housekeeping

Four demonstrations were given in "Cleaning Methods". These were demonstrations which had been given by Miss Huber a year previous and these groups asked to have this work repeated by the Agent. Miss Huber's outline was followed.

Miss Bertha Virmond
Cochise County
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XV. Home Economics (Home Management)
Summary

To summarize this project the Agent devoted $5\frac{1}{2}$ days to Home management and 33 days to House Furnishings. The Specialist spent 3 days on Home Management. Home Management was carried in 5 communities with 5 leaders devoting $5\frac{1}{2}$ days of their time and the agent and specialist giving 11 method demonstrations, 1 circular letter was issued and 2 office calls received. House Furnishings was carried in 14 communities with 11 leaders devoting $20\frac{1}{2}$ days time and the agent giving 34 demonstrations, issuing 13 circular letters, making 12 home visits and receiving 34 office calls.

Miss Bertha Virmond
Cochise County
1939

XV. Home Economics (Home Management)
Sub-Project B. Construction
Phase 7. 4-H Handicraft

Handicraft Clubs were organized at Whitewater, Dragoon, Pleasant View and Riggs Settlement. This work was carried according to the outline furnished by the Extension Service.

To summarize the Agent spent 9 days and the Specialist $2\frac{1}{4}$ days with the 4 Handicraft Clubs. 4 leaders devoted $18\frac{1}{2}$ days and held 52 meetings at which neither agent or specialist attended. 18 method demonstrations and 4 achievement meetings were held by specialist and agent. 2 circular letters were issued, 6 home visits made and 4 office calls received. 40 boys and 8 girls were enrolled with 33 boys and 7 girls completing their projects. 221 articles were made.

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XVI. Health

Sub-Project B. Health Program Phase 2. 4-H Health Clubs

One 4-H Health Club was organized in Texas Canyon and completed 100 percent. This club has been referred to under School Lunch. As the outstanding achievement of this Health Club was the active interest of the 4-H members in the preparation of their hot lunch.

The Agent devoted 3 days and the specialist three-fourths of one day, holding 9 method demonstrations and one achievement program. The one leader held 22 meetings at which neither the agent nor specialist were in attendance. 3 home visits were made and 2 office calls received. 5 boys and 3 girls were enrolled and completed their work.

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XVII. Child Development and Parent Education
Sub-Project A. Behavior
Phase 2 . Music Appreciation Clubs

One 4-H Music Appreciation Club was organized and completed 100 percent in the Riggs Settlement. This Club was fortunate in having a trained leader and achieved unusual results.

In summary the agent devoted 1 days time and the specialist $\frac{1}{4}$ day, holding 1 method demonstration and 1 achievement meeting. The leader was very capable and did not need much supervision. 2 leaders devoted 3 days. Only 1 office call was received.

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XVIII. Community Activities

Sub-Project A. Related Agencies

Phase 2. Farm Security Administration

The agent acknowledges cooperation from Mrs. Marion Burns of the Farm Security Administration. She has attended from one to four meetings each month in various communities organized for Homemakers' groups.

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XVIII. Community Activities

Sub-Project A. Related Agencies

Phase 3. Farm Bureau

The Agent has attended three Farm Bureau meetings during the year and was invited to a county celebration at the Whitewater Farm Bureau which she was not able to attend. She assisted with a pot-luck dinner at a community get together which the Stewart Farm Bureau Local sponored.

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XVIII. Community Activities

Sub-Project B. Conferences

Phase 1. Annual Conference

Ten days were spent attending the Annual Conference and School of Philosophy in Tucson in January.

Four days were spent at the Home Demonstration Agent's Conference in Tucson during the month of April.

Four days were spent in Tucson attending the 4-H Annual Round-up, which was held during the last of August and the first of September.

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XVIII. Community Activities
Sub-Project B. Conferences
Phase 4. London Conference

Nine weeks were spent enroute to New York, visiting the World's Fair, attending the Conference of the Associated Country Women of the World in London, the usual tourist route including Holland, Belgium, Switzerland, France, Italy and the Mediterranean Cruse including Sicily, Algiers, Gibraltar, Lisbon and Azor Islands. This trip was very inspirational as well as educational. About 40% of the tour were extension workers and many worthwhile contacts were made.

The Agent has been invited to give a report to the following groups:

Annual 4-H Round-up
Willcox Woman's Club
Stewart Homemakers
Sulphur Springs Homemakers
Cochise Pioneer Woman's Club (2)
Benson Woman's Club
Double Adobe Homemakers (2)
Valley Woman's Club
Webb Mothers Club (2)
Willcox Rotary Club
Forest Station Homemakers
South Bisbee Homemakers
Frontier Homemakers
Pomerene Relief Society
Pomerene Mutual Society
Willcox High School
Willcox Grade School
C.C.C. Camp - Pinery Canyon
Portal Homemakers
Webb Relief Society

20
8

4-H Clubs at	Portal	Navajo and Apache Counties
	Whitewater	Joe City
	Pearce	St. Johns
	Double Adobe	Alpine
	Pleasant View	Eager
	Forest Station	Snowflake
	Dragoon	Lakeside
	Pomerene	

In addition to the above the Agent will give this report to six groups in Graham and Greenlee Counties the first of December.

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XVIII. Community Activities
Sub-Project D. Fairs

Two days were spent in connection with the Maricopa County
4-H Club Fair assisting with judging.

Three days were spent enroute and assisting with judging at
the Navajo County Fair at Holbrook.

Assistance in judging was given the Vocational Fair at the
High School in Willcox.

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XVIII. Community Activities

Sub-Project K. Recreation

Phase 4. Christmas Gift meetings

Christmas gift meetings were held with all Homemakers Clubs, numbering eleven groups. In addition assistance was given the Federated Clubs in Douglas, Willcox and Dragoon.

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ASSISTANCE FROM STATE OFFICE

January	23 to 25	Mr. H. R. Baker	- Visit 4-H Clubs
February	7 to 10	Miss Lorene Dryden	- Clothing Clinic and demonstration
	17 -- 18	Mr. Hollis Gray	- Farm Bureau
	17 -- 18	Mrs. Hollis Gray	- " "
	17 -- 18	Mr. R. D. Flaherty	- " "
March	2 -- 3	Miss Frances L. Brown	- Stewart Homemakers Birthday Party 4-H Garment Making Achievement
	15 to 17	Miss Thelma Huber	- Home Management Dems. on electrical equipment
	20 to 24	Miss Lorene Dryden	- Clothing Dems. 4-H Clubs at Paul Spur
	29	Mr. Harvey F. Tate	- Yard Beautification 4-H Yard Beautification
	29	Mr. A. Mark Bliss	- Yard Beautification 4-H Yard Beautification
April	20	Miss Frances L. Brown	- Judge 4-H Sewing
	24 to 26	Mr. H. R. Baker	- 4-H Achievements
August	23 -- 24	Miss Lorene Dryden	- Judge 4-H Sewing
October	10 -- 11	Miss Lorene Dryden	- Clothing-Glove Making Leaders' Meetings
	12	Miss Lorene Dryden	- Conference
November	13-- 14	Miss Lorene Dryden	- Clothing -Glove Making Leaders' Meetings
	15	Miss Lorene Dryden	- Clothing- hose Leaders 4-H Garment Making

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MAP OF COUNTY SHOWING ACTIVITIES OF THE YEAR

COCHISE COUNTY

Stewart ABCDEFG	San Simon. K
Willcox . BCG	
Pomerene . E	Cochise ACEF
Benson . G	Russellville . E
	Texas Canyon Dragon . L
	M School Sulphur Springs . ACEF
	Riggs Settlement CKLN
	Paradise . DEF
	Portal . ACEFK
	Rucker Canyon EK
Webb . CEFIJ	Valley Women's Club ADEF
Elfrida . ISK	Texas School K
Frontier . CEF	Whitewater BCIJKL
	Double Adobe ACDEFGJ
South Bisbee . ACEF	Pleasant View KL
Forest Station , ABCDEFHKO	Douglas AI

ADULT WORK

- A. Food Preparation (9)
- B. Food Preservation (4)
- C. Clothing (12)
- D. Home Management (5)
- E. Home Furnishings (14)
- F. Homemakers Clubs (12)
- G. Community Activities (4)

JUNIOR WORK

- H. Meal Planning (1)
- I. Baking (4)
- J. Canning (4)
- K. Garment Making (9)
- L. Handicraft (4)
- M. Health (1)
- N. Music Appreciation (1)
- O. Yard Beautification (1)

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OUTLOOK AND RECOMMENDATIONS

The outlook for Home Demonstration work in Cochise County is encouraging. More requests have been received than can possibly be taken care of.

The prospect of a Rural Electrification Project in this county will mean additional work, information and training.

All organizations will continue as in the past years. It is hoped that county leader's meetings in both adult and 4-H clubs can be held.

HOME DEMONSTRATION AGENT'S PLAN OF WORK

Project I
Sub-project A
Phase 1

This plan of work is based on the following:

Saturdays and Mondays for office	Estimate	-----100
Fridays for 4-H Clubs	Estimate	-----50
Annual Leave, Sunday and Holidays	Estimate	-----80
XIII Nutrition Adult	Estimate	-----44
XIV Clothing Adult	Estimate	-----19
XV Management Adult	Estimate	-----35
XVIII Special Meetings	Estimate	-----11
Conferences, Roundup, etc.	Estimate	-----14
No Plans		-----12
		<u>365</u>

HOME DEMONSTRATION PLAN OF WORK

Project XIII Sub-project B Phase 4	Communities where work will be done	Leaders No.	Enroll- ment No.	Method Dems. No.	Result Dems. No.	Method of Procedure	Goals	No. Days Spec. HDA	No. Days Month
	Portal Double Adobe Valley 3 Relief Societies Others	3	60	3	0	Method Demonstration	Instruct new canners in each community	0	18 August Sept. Oct.
Sub-project B Phase 5 (Canning)	Valley Webb Double Adobe Riggs	3	12	3	0	Method Demonstration	10 girls completing 1 year in canning as outlined	0	6 July August Sept.
Sub-project C Phase 5 (Meal Planning)	Riggs Whitewater	2	15	2	0	Method Demonstration	15 girls completing outlines	0	6 Jan. Feb. Mar. Apr.
Sub-project D Phases 1,2,3 others	Willcox Double Adobe St. David Pomerene	8 8 4	App. 60 " 75 " 100	3 3 3	0 0 0	Leaders Meetings " " " "	20 Leaders giving 3 demonstra- tions each in 10 com- munities	9 20	Feb. Mar. Apr.
Sub-project D Phase 8 (Baking)	Whitewater	1	10	2	0	Method Demonstration	10 girls completing outlines	0	6 June July August

HOME DEMONSTRATION PLAN OF WORK

Project XIV	Communities where work will be done	Leaders No.	Enroll-ment No.	Method Dems. No.	Result Dems. No.	Method of Procedure	Goals	No. Days Spec.	No. Days HDA	Month
Sub-project B Phase 4	Willcox Double Adobe	8 8	60 75	1 1	0 0	Leaders "	16 women giving one demonstration each	2	10	After June to suit Spec.
Phase 5 (Gloves)	Stewart Forest Station Frontier	6	40	3	0	Assistant Leaders	"	0	3	Jan. Feb.
Sub-project C Phase 2	Frontier Pomerene	2 2	15 30	1 1	0 0	Leaders ?	15 women knowing more about sewing machines	2	2	After June to Suit Spec.
Sub-project D Phase 3	To be Selected							4	4	After June
Phase 4 (4-H G. M.)	Pearce Double Adobe Whitewater Ash Creek Pleasant View San Simon Portal Whitewater San Simon Double Adobe	7 3	70 30	As needed As needed		Home Dem. Agent assisting Local Leaders Home Dem. Agent assisting Local Leaders	90% completions 90% completions	2 1	21 10	Jan. to Apr. June July Aug.

HOME DEMONSTRATION PLAN OF WORK

Project XV Sub-project A Phase 1	Communities where work will be done	Leaders No.	Enroll- ment No.	Method Dems. No.	Result Dems. No.	Method of Procedure	Goals	No. Days Spec	No. Days HDA	Month
Sub-project B Phase 4	South Bisbee	0	20	1	0	Method Demonstration	10 women making definite improve- ments in the home	00	30	Sept
	Double Adobe		15	1						Oct.
	Frontier		16	1						Nov.
	Mothers Club		22	1						
	Valley		20	1						
	Cochise									
Phase 7	Forest Station	0				Method Demonstration	Distribute information of value to R. E. A.		5	July
	Whitewater									Aug.
	Portal									Sept
	Others									
Phase 7	As requested	0				Method Demonstration	10 4-H completions	0	4	Jan.
	Probably									Feb.
	Stewart									Mar.
Phase 7	Cochise	2				Method Demonstration co-operating with Local Leaders				Apr.
	Double Adobe									
Phase 7	Whitewater	2				Method Demonstration co-operating with Local Leaders				
	Riggs									
Phase 7	Pleasant View	2				Method Demonstration co-operating with Local Leaders				

HOME DEMONSTRATION PLAN OF WORK

Project XVI, Sub-project B Phase 2	Communities where work will be done	Leaders No.	Enroll- ment No.	Method Dems. No.	Result Dems. No.	Method of Procedure	Goals	No. Days Spec.	No. Days HDA	Month
(4-H Health)	Pomerene Forest Station	2	40	2	0	Home Dem. Agent helping Local Leaders	35 com- pleting require- ments	0	6	Dec. to April

HOME DEMONSTRATION PLAN OF WORK

Project XVII Sub-project A Phase 2	Communities where work will be done	Leaders No.	Enroll- ment No.	Method Dems. No.	Result Dems. No.	Method of Procedure	Goals	No. Days Spec.	No. Days HDA	Month
(4-H Music Appreciation)	Riggs	1	10	0	0	Local Leaders	10 completing	0	2	Dec. to April

HOME DEMONSTRATION PLAN OF WORK

Project XVIII Sub-project K Phase 4	Communities where work will be done	Leaders No.	Enroll- ment No.	Method Result		Method of Procedure	Goals	No. No.	
				Dems. No.	Dems. No.			Days Spec.	Days HDA
	Portal Stewart Sulphur Springs Cochise Mothers Valley Double Adobe South Bisbee Forest Station Frontier Riggs Paradise Pomerene	13	400	11	0	Method Demonstration	50 using new sugges- tions	0	11
									Dec.

TWENTY-FIVE YEAR HISTORY

Home Demonstration Work, Cochise County

Records 1919-1939

The records available for Home Demonstration Work in Cochise County have been found from 1919 to 1939 inclusive. From the meager information available it would seem that Home Demonstration work was carried on by Agents working out of Tucson until about 1920. One record shows a report of Southern Counties. This report is credited to Miss Louise Spoerleder. Occasionally in her report she refers to Miss Zimmerman. Mrs. Lockwood seems to have visited the county occasionally and to have given demonstrations and assistance to the agents. All of our early reports indicate that the office of the Home Demonstration Agent was located in Douglas, that she made most of her contacts riding with the County Agent, although one report shows that she had traveled 63 miles one week and 28 another by auto.

There are no records available as to the dates of the service of these Agents, however, the subject matter is definitely out-lined. A "Clean-Up" campaign was staged at Pirtleville. This is a Mexican Village near Douglas. Besides a clean-up of the home, a special campaign that received much attention was the "Fly Control", and an award of \$8.00 was paid to a Mexican boy for having collected the most flies. The contest seems to have included 9090 school children and the winner produced three pounds of flies.

The projects in their report are similar to the 1925 classification except the class of home equipment. It seems to include the coming of the pressure cooker to Cochise County, home made fireless cooker and the Agent has a minute account of the sales of the Mystic Mit.

"Class in Housewifery" seems to be the most important work of the Home Demonstration Agent. Under health the house wife pledged herself to clean the yard, scrub the floors with lye in order to remove the grease and to use wood ashes in the toilet. Egg preservation demonstrations were given at the Drug Store and Post Office in Douglas. Further instructions were given in bread making. One series of demonstrations included the cooking of a soft egg, egg in nest, egg salad and egg custard. The whole county was covered with a demonstration "Save Money on Meat". Miss Spoerleder seems to be responsible for the beginning of canning, since in her report she says that to the best of her knowledge this is the first time that food preservation has been thought of in connection of feeding the family. She remarks that in one day they canned 36 pounds of meat and 14 quarts of soup. In out-lining the food demonstrations for the year she offers the following: bread, biscuits, cakes, fish, salad, meats and gravy, cereals, drinks, doughnuts, noodles and cream puffs.

Several classes were also included for home sewing, such as millinery sewing in general, pattern drafting, mending, dyeing and alteration. While the classification work of 4-H Clubs is not used, it would seem that sewing was fairly well organized early in the twenties.

Millinery seems to have been the most important subject of the early twenties. One report says that one demonstration was given from the "frame up". At Pearce, 15 women made hats valued at \$10.00 each, saving

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\$150.00 for the community. Near Douglas, a special achievement was held, in which the men judged. The Agent said that the men were very serious concerning their responsibility. Patterns must have been valuable. One report states that 10 aprons were made from the same pattern, thus saving \$3.60. Much consideration was given to style, since she reports that style becoming the individual "type of shape" is always considered.

It is surprising how the map of 1939 follows the work of 1918, with the exception of Pirtleville, Douglas and Bisbee. The Agent is now conducting similar work in each of these communities. The original terms used in organization seems to have been Home Bureau, in 1934 Home Demonstration Club or groups and since then, Homemakers Groups. Early records show cooperating agencies, such as the Chamber of Commerce, Y. W. C. A., Country Doctor and Federation Clubs.

Nutrition - Each Home Demonstration Agent has carried a full time nutrition project. The methods of achievement have changed but not the aim. School lunches have been furnished by school boards, with mothers doing the work. A series of hot school lunches sponsored by the Keep Growing Club, flourished from 1925 to 1928. This project has had the largest enrollment and shows the greatest influence of any record we have on any type of nutrition work.

Food Preparation - Food Preparation demonstrations have been given every year, perhaps reaching the peak during the time when "food for hot wheather" seemed to have been put on county wide.

Canning - Canning has been carried as part of the Home Demonstrations Agent's program since 1918. Records show an increased volume of canning until the pressure cooker and tin can sealer is a common piece of equipment in nearly every ranch home and records show the farm women of this county have canned an average of 200 quarts per family. In 1939 the outstanding canner has reached over 3,000 quarts, all produced on her own ranch. The greatest change in program planning has been with the Juniors. A demonstration, county wide 4-H program takes about one-half of the Agent's time.

Home Furnishings - All of the 1918 to 1925 reports talk about the pioneer women in the adobe shanty with a possible lean-to. However, most of the reports during the past fifteen years could be included in our 1939 reports and no one would suspect the shift. In the early days a Testing Kit which included a pressure cooker, fireless cooker and other smaller pieces of equipment seem to have been loaned about a community and reports made on the efficiency of such equipment. Conveniences about the home have had suggestions in most reports since 1918. In 1925 seven communities carried on a Kitchen Improvement campaign which was repeated in 1927 in three communities. Since the addition of a Home Furnishing specialist to the Extension Service, a unified county program has been established in which all Homemakers Clubs carry on work as suggested by the specialist.

Clothing - In 1919 we have our first Clothing records. For 5 years this project seemed to be divided under three heads, Millinery, Garment

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Making and Dress Forms. Millinery work seemed to be the wedge to start Home Demonstration Work in practically every community. One community reports 115 new hats and 25 remodelled in 1919 with a money consideration of \$602.00. Dress Form demonstrations seem to precede most Garment Making Schools. Garment Making consisted of made over flour sacks and new problems. In 1925 Clothing was given in seven communities with 38 women reporting and a value of \$144.00. A clothing specialist was added to the Extension Service about 1934. Since then she has been followed by two clothing specialists. Our clothing work is now done under the supervision of the clothing specialist who formulates the program and gives information on the distribution of all project matter.

In summarizing the impression gained by a review of Home Demonstration Agent's Work in this County, we will say that with the exception of transportation, the problems are very much the same throughout the years. Clothing and Home Furnishings, the popular projects and Nutrition, Health and Sanitation, which should be the most important, are still side stepped. The greatest change seems to be in the number of attendance. Less miscellaneous work is being done and more project work as the years advance. In the early history local leaders seem to carry the burden but as a whole we find that women are interested in the same type of work that they were in 1918. The approach may be a little different. Reports vary but the fact that Home Demonstration Work has been carried on in the same communities from 1918 to 1939 inclusive shows that these women are either long suffering or much interested in Home Demonstration Work.

HOME MANAGEMENT



Hilltop 1924
Mrs. Colvin's
Table



Stewart 1927
Homemade Child's
Desk

HOME MANAGEMENT



Kitchen Improvement Project
Tombstone - 1925



Homemade Wardrobe
1927



Cochise County Fair
Closet - 1927

CLOTHING



August 1925, McNeal
Dress Form Demonstration



August 1924
Dress Form



Color in Dress - 1924
Double Adobe



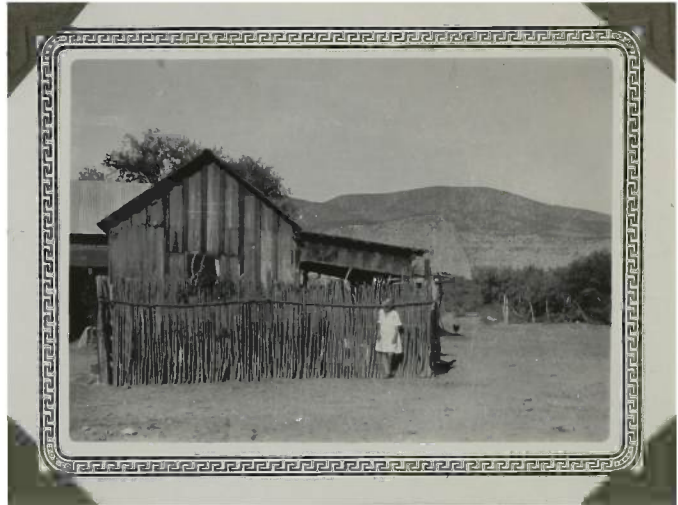
1924
Four of the above were
present at a meeting
November 1939

NUTRITION
Keep Growing Project
September 1927

Apodoca



One "Blue"
Nine "Red"



The Leader lives in the
Teacherage 1927



The Health Stairway,
Cochise County Fair 1924
in the "Keep Growing"
Exhibit.



Mrs. Leishman, 4-H Leader
Miss Seward, Home Dem. Agent
Girls garment making, McNeal
1925



Gleeson garment making 4-H
Club achievement program.
1925



Their Exhibit - 1925



Hilltop garment making Club 1924.



County Fair 4-H Exhibit
1927.



4-H Exhibit Douglas 1927.



4-H Exhibit 1927



*McNeal 4-H Own Room
Club on tour of girls'
rooms. July 1926. Lochise
County.*

We Recognize

Mrs. James Leishman, A successful 4-H Club Leader
for ten years

Sarah Leishman, 4-H State Winner of Montgomery Ward

Doris Leishman, 4-H State Winner Kerr Canning

Miss Stella Mather, State Home Demonstration Agent

Miss Laura Mae Seward, County Home Demonstration
Agent

*Marie Burton in
bedroom at beginning
of Own Room Project.
Mc Neal, Cochise County,
1926.*



Outstanding 4-H Club
Girl
Graduated University
of Arizona, 1938

Now teaching Home
Economics in Thatcher

Faye Pruitt in bedroom
at beginning of 4-H.
Own Room Project. McNeal
Cochise County, 1926.

